

# Navigating the Telehealth Landscape

As healthcare organizations move from fee-for-service to value-based care, telehealth can enable the delivery of medicine at every point in the care continuum.

Follow the roadmap to help navigate the telehealth landscape.

## Primary Care

Often direct to consumer when patients request a telehealth visit for conditions like **ear/sinus infections, cold/flu, and sore throat**.

**1 in 5**

primary and urgent care visits could be done online<sup>1</sup>



## Community Care

Remotely treat patients for **behavioral health, population health, or with specialist consults at urgent care clinics**, and more.



Psychiatric readmissions for patients who used telemental health services **decreased by 24%**<sup>2</sup>

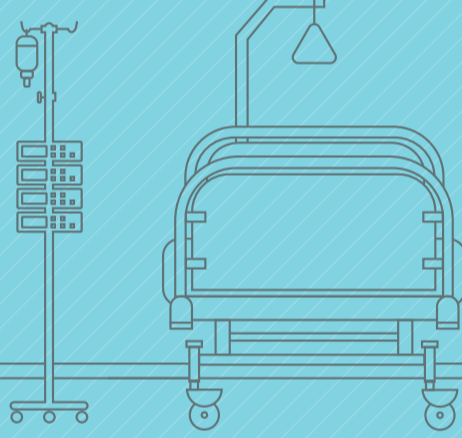


## Acute Care

Increases access to specialists who otherwise may not be available to consult on **stroke, critical care, emergent pediatrics**, etc. Telehealth platforms in this environment must be reliable because failure is not an option when patient lives are on the line.



Risk of hospital mortality **decreased by 23%** with implementation of teleICU<sup>3</sup>



## Post-Acute Care

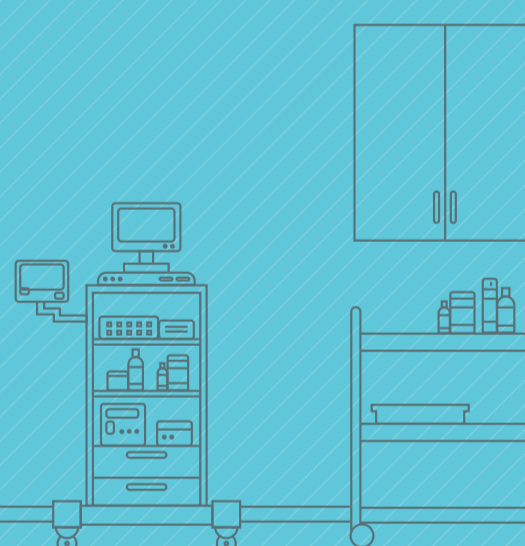
Increasingly popular, specifically for **skilled nursing facilities and readmission management**.



A skilled nursing facility **decreased readmissions and saved**

**\$250,000**

by using telehealth on **25 patients**<sup>4</sup>



## Remote Patient Monitoring

Typically aims to **reduce travel time and costs for patients**, and reduce hospital readmissions or complications by remotely monitoring chronic conditions.



Over 18 years, a remote patient monitoring program saved UC Davis patients **over 5,000,000 miles** of travel<sup>5</sup>



Let us help you navigate the telehealth landscape.

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### Sources

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